



Canadian
Resource Centre for
**VICTIMS
OF CRIME**

UNDERSTANDING

Intimate Partner Violence (IPV)



IPV is Never the Victim's Fault

It can happen in any type of relationship -
regardless of gender, age, culture,
sexuality, or background.

It may include:

Emotional or psychological harm
Coercive control (forcing people to do
things they are unwilling to do)
Physical or sexual violence
Financial abuse
Isolation from community or supports

IPV is About Power & Control

Violence is a deliberate pattern -- not
caused by anger, stress, or substances.

It may include:

Intimidation or threats
Surveillance or limiting independence
Controlling resources



IPV affects all people

Women

Disproportionately affected by IPV
Representing 8 in 10 reported IPV cases
Nearly 3 in 10 BIPOC women report lifetime IPV

Young Women (15-24)

29% faced IPV in the past year

People Living with Disabilities

55% experienced IPV
71% for 2SLGBTQI+ women living with disabilities

Men

1 in 5 police-reported IPV victims
Often underreported due to stigma

2SLGBTQI+ Individuals

LGBT+ women (67%)
LGBT+ men (54%)
Trans & gender-diverse (59%)

Indigenous

6 in 10 Indigenous women have experienced IPV
(Higher among 2SLGBTQI+ Indigenous women)
More likely to experience IPV due to systemic risk factors related to colonization





Why Leaving Can Be Complex

There are many barriers that may make leaving feel unsafe or complicated, such as:

Financial limitations
Fear of escalation
Concerns for children
Emotional or cultural ties
Lack of housing or support

You Are Not Alone.

Your Experience Matters.

IPV can impact anyone - across genders, cultures, and identities.

Together, we can create communities that support survivors and end the silence around abuse.

If you or someone you know is experiencing Intimate Partner Violence, here are some ways to help:

- Contact a local shelter or crisis line
- Create a safety plan
- Reach out to someone you trust
- Call 911 if you are facing an emergency

CRCVC is here to support anyone experiencing violence:

📞 **Call: 1-877-232-2610**

💬 **Text: 613-208-0747**

🌐 **www.crcvc.ca**

